

December is usually associated with giving and sharing. Not all of us are in a position to donate and share, but most of us can afford to give some of our time for a good cause. Sharing doesn't have to be just monetary donations, time is a very valuable resource, especially in the hectic life we live today. Volunteering is one very important pillar in today's society. The PSCD Department at St. Nicholas College Secondary School decided to do just that, give their contribution by helping out the clients of Hospice Malta.

Hospice Malta (an NGO) offers palliative care to patients who suffer from cancer and other serious medical conditions of the heart, lungs, liver and kidneys. In December, the Hospice Day therapy coordinator together with a number of volunteers organised a Christmas party for Hospice Malta clients attending the Day Therapy Unit and Hydrotherapy sessions. The PSCD Department contacted this organisation to see how students can contribute to this cause, especially during this activity.

Ms. Lara Farrugia and Ms. Marthese Azzopardi provided us with resources to share with our students. During PSCD lessons, PSCD teachers delivered a session about the services offered by Hospice Malta. After the briefing, students discussed the importance of volunteering within our community and the needs of people who require support due to illness. As a follow up students were informed that they would be making Christmas cards for Hospice Malta clients, to be donated during the Christmas party, by the volunteers.

Our students worked on these cards with so much love, writing inside of them heart-warming messages. During a morning assembly held at school, these cards were presented to Ms. Farrugia and Ms Azzopardi. We thank our students who by sharing their time and creativity brought smiles to people who needed some love more than ever.

Thank you Hospice Malta especially the DTU who coordinated this event, for the work that you do all year round within our community, it was a pleasure helping you help others.

